



## **PAKURANGA OUTRIGGER CANOE CLUB'S MENS AND WOMENS **W1** RAMP CHAMPS 2023**

Pakuranga Outrigger Canoe Club is proud to host the W1 RAMP CHAMPS on Saturday 16th September 2023, at Nga Hau Maiangi, 252 Panama Road, Mt. Wellington, Auckland.

There are two races, one category per race, only 10kms and prize money up for grabs for the first three placings in each race.

1<sup>st</sup> Place Prize \$200.00

2<sup>nd</sup> Place Team Prize \$150.00

3<sup>rd</sup> Place Team Prize \$100.00

### **How to enter**

Entries must be completed online by your club coordinator through the Waka Ama NZ (WANZ) website online entries [Events - Waka Ama NZ](#)

Both races are open to Junior (J16/19) and Seniors. All paddlers must be registered with WANZ to be eligible to race on the day. All WANZ race rules apply.

### **Deadlines**

Entries close Tuesday 12<sup>th</sup> September 2023

Paddler roster closes on Wednesday 13<sup>th</sup> September 2023

(All paddlers must be affiliated to a Waka Ama Club and Waka Ama NZ)

\$50 entry fee per paddler to be paid prior to race day. Clubs will be invoiced by Pakuranga - payment to be made to the invoiced account or payment can be made online to:

Pakuranga Outrigger Canoe Club

38-9018-0482221-02

use your club, team name as your reference

Entry fees are non-refundable



## Participants

This race is open to junior (J16/19) and senior paddlers that are experienced and capable of finishing the race within a reasonable time. There will be one women's race and one men's race.

## Programme

<b>7.00am</b>	Registration
<b>7.30am</b>	Karakia and Race 1 race briefing
<b>8.00am</b>	<b>Race 1 Open Women</b>
<b>9.00am</b>	Race 2 race briefing
<b>10.00am</b>	<b>Race 2 Open Men</b>
<b>11.30</b>	Prizegiving
<b>12.00</b>	Closing Karakia

High tide: 08.13am

Low tide: 14.06pm

## Cancellation

Extreme weather conditions such as high wind and/or rain that jeopardise the safety of paddlers may lead to cancellation of the race. Event organisers will endeavour to inform entrants of this by email, text, or Facebook as soon as reasonably possible the day before the race or on the day of the event.

## Car Parking

Parking is available surrounding NHM and possibly in the paddock behind NHM depending on the weather, or street parking. Please note all parking is under Auckland Council management, you will need to read the signs and park accordingly.

## Waka

It is up to the competitors to arrange W1 for the race, unfortunately POCC (Pakuranga Outrigger Canoe Club) is not providing W1 or have any for hire. All competitors are responsible for their own W1, bringing the waka to the race venue, ensuring it is in a safe area when waiting to compete and after the race.



## **Food**

Pakuranga Outrigger Canoe Club will provide a healthy kai with the purchase of your entry. Other food and coffee will be available to purchase.

## **Toilets**

Toilets and showers are located at the NHM facility.

## **First Aid**

First Aid will be available at the registration tent.

## **Rubbish/Recycling**

We encourage you to please take what you bring. However, rubbish bins are located around the facility.

## **Alcohol/Smokefree**

Alcohol, smoking, vaping, and any other substance use is not permitted at this event, including all premises of the event.

## **Race Rules**

All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information: [Waka Ama NZ Race Rules](#)

## **Safety Checks**

All waka will be safety checked on the grassed area between NHM ramp and Flat Rock Reserve ramp

All waka will have to pass a safety check and be marked before racing. Any waka not marked will not be permitted to race.

All waka must be Safety Checked

All Junior (J16 & J19) and Senior (Open and above) must have the following safety equipment for their races:

- PFD - Personal Floatation Device (easily accessible)
- Cockpit-equipped W1 must carry an adequate bailer
- Sit-on-top W1 must be fitted with one short leg leash
- Flare or cell phone in waterproof case (easily accessible)
- Spare Paddle - 1 (easily accessible)





## Waivers

Individual waivers must be completed by all paddlers/teams

All paddlers U18 must have their waiver signed by their parent/guardian

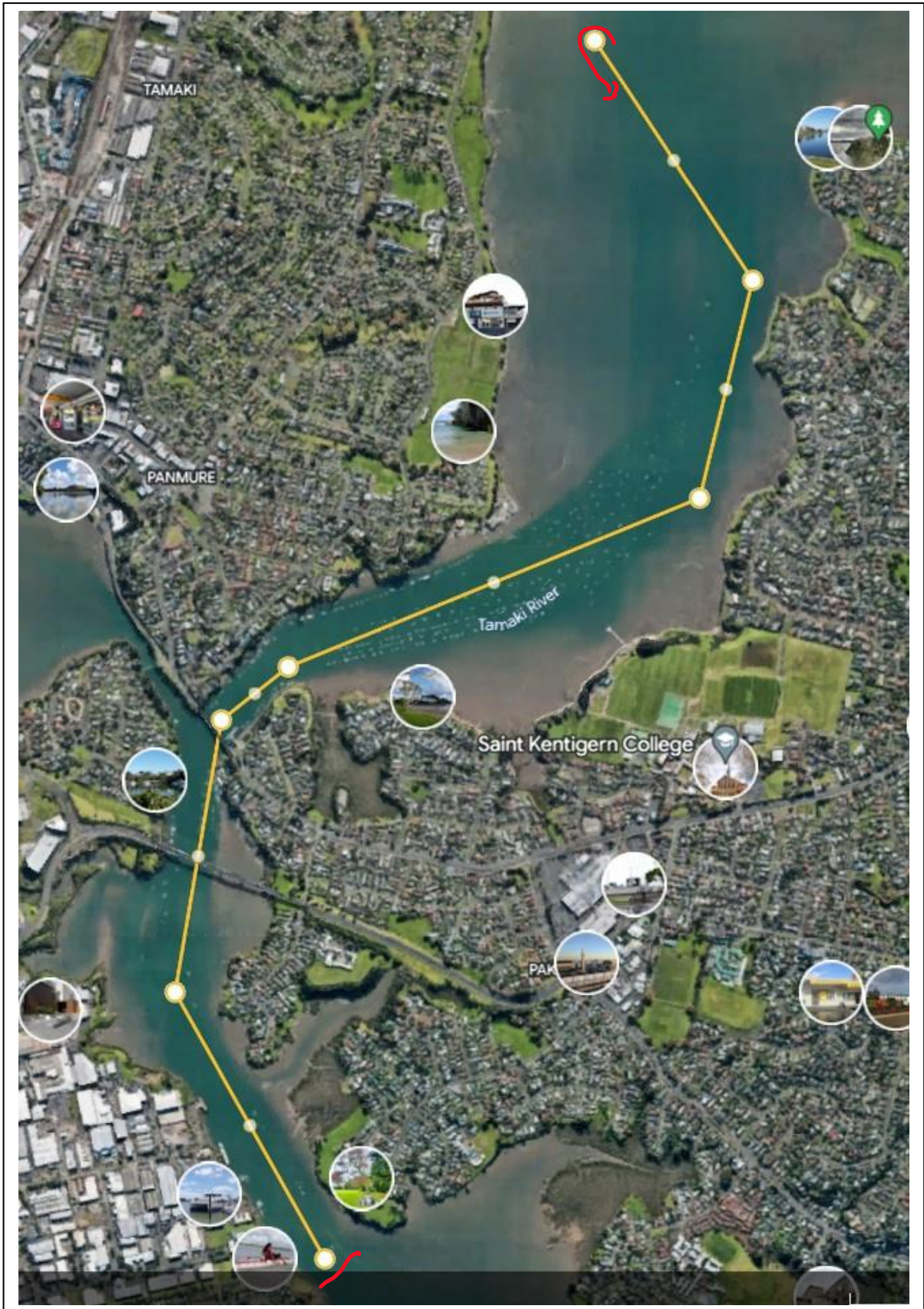
Waivers to handed in at registration on the day

Team waivers will be provided at registration, or they can be found on our event page on the Waka Ama NZ website.

## Contact Information

All enquiries can be directed to our email: [pocc1998@gmail.com](mailto:pocc1998@gmail.com). For any urgent matters call Mike (Race Director) 0220936020





10km race course. Start/finish at red line. Turning buoy at red arrow.